

## **Ysgol Cybi Play Policy**

This school recognises the importance of all the children who attend having sufficient time and good places to play freely as part of their day.

To children, playing is one of the most important aspects of their lives. Playing contributes to children's health, wellbeing and happiness as well as to their learning and their ability to learn. Some children only have the opportunity to play with their friends at school. Most importantly playing contributes to children's ability to thrive and survive.

We believe that we can make a very positive contribution to children's lives by valuing their urge and desire to play and providing for a broad range of play opportunities within the school's playground before, during and after the school day.

This school recognises that children will naturally create and or seek out challenging situations; while making the most of their play some children may have accidents, get dirty or wet or upset. We recognise that any potential risk of harm to children needs to be balanced with the potential for good that may come from their taking part in a particular form of play. We will do our best to avoid children coming to serious physical or emotional harm by carefully managing the play opportunities that we provide.

This school believes that adult's attitude towards, and understanding of, children's play behaviour will have a significant effect on the quality of the play opportunities offered within and outside the school. This school will therefore

seek out training opportunities and support research among its staff so that they are confident to facilitate children's freely chosen, self-directed play.